

This is My ISAGENIX Weight Loss Story



Hi ! My name is Massimo Cataldo. On Oct. 29,2005, my sister got married. I was in the wedding party, weighing about 300 lbs and wearing a size 58 tux.

It was at the wedding that I first heard about Isagenix. The person who introduced me to the rest of my life was Dr. Ron Downs, a good friend and now my mentor to being healthy. When Dr. Downs enters a room everyone notices because he is 6'5" and used to be a football player. But many people did not recognize him because he had shed about 100 lbs. He was looking great, feeling healthy and you could just SEE he was happy.

Naturally, I was interested in how he did it and I was hoping it was a miracle pill. Dr. Downs told me about Isagenix and I told myself I would never be able to do something like that. Italian family and me not eating when I go to Mom's house ~ do not go well together.

A couple of months later, I saw Dr. Downs ~ less of him again. He was still losing weight and looking great. I asked him about Isagenix again. I thought about trying it but I could not get myself to commit.

In Dec. 2005 my mother was scheduled to have both knees replaced. The knee surgery went well and things were looking good. Unfortunately, complications kept my mother in the hospital. A routine surgical procedure nearly cost my mother her life ~ in ICU for a week and extended hospital stay.

I own a Pizza Shop. My family and I were in Chicago with my Mom during her whole ordeal. At the time, I counted on my girlfriend, Cindy, to watch the pizza shop ~ she took care of everything. Coming back home was great and missing Cindy and all that she had done for me had convinced me that she would be the one. On my birthday, Jan. 23, 2006, I asked Cindy to marry me. She said yes ! A couple of weeks after that ~ I decided to change my life. The time had come, in my life, with the complications that my mother had faced in the hospital and seeing life at its most precious and asking a woman to spend the rest of her life with me, I had to make some changes myself.

So, in Feb 2006, I started my first 9-Day Cleanse and have not looked back ~ I lost 16 lbs. and felt great. I did another 9-Day Cleanse and lost 18 lbs this time. I had been on the Isagenix program for 19 days and had lost 34 lbs. I was feeling great about myself and now I felt like working out at the gym. Every morning I was in the gym at 5:30 am. I was having fun, continued using the Isagenix products, had lots of energy to work out and loving the results.

In August 2006 ~ Cindy and I got married. I weighed 203 lbs and the tux was a 43. It could have been a 42 but I wanted to leave a little room for the cake ! **I lost a total of 95 lbs and am in the best shape of my life.** I am only 28 yrs old and I have not weighed this much since I was 11 years old. Isagenix has helped so much to give me self-confidence, self-esteem and just incredible happiness.

Massimo Cataldo ~ Indiana