

## IS THERE A BETTER REASON TO HAVE OPTIMUM HEALTH ?

By Richard Tarwater



### **Papa Rick's Experience . . .**

I've been using Isagenix products since July 11, 2002. In the first nine days, I lost 20 lbs. and 14 inches, putting me at a weight I haven't been at for 20 years. I now have more energy and am experiencing better health. I feel like I did when I was in high school.

### **How do I maintain the weight and health I want ?**

I mix two scoops of the IsaLean Shake with two capfuls of the Fast Start Daily Mineral Supplement in water to make a shake for breakfast. To complete the package of my body's daily needs, I also take Isagenix Antioxidants and Isagenix Essentials for Men. Due to the optimum health I am experiencing, I'm sure I'll be using this GREAT product the rest of my life !

Besides being thinner and feeling healthier - I have noticed other benefits as well – like fabulous energy and a fantastic feeling of well-being. Isagenix is truly an amazing product !

*Richard Tarwater*

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**