

This is My ISAGENIX Weight Loss Story

(So far 123 pounds !!!)



On vacation summer of 2002



July 4, 2003

I come to realize a couple months ago that all of our stories started with "Once Upon a Time" and will finish with "The End" but what is written in-between is totally up to us. At fifty-five years old I'm determined to write a best seller!

With my health on a downhill spiral and discouragement weighing down my heart, I had given in to only doing what I had to do. I didn't want to be seen, go shopping, or be with friends. I made every excuse in the book to not do anything outside of being with my immediate family. Working in the airline industry had afforded me the opportunity to travel many places but that too became embarrassing, as I had to ask for extensions on the seatbelts. "My story" had become so depressing no one would have been anymore interested in reading it than I was in "writing" it.

One day I was explaining my dilemma to a friend. Being careful not to offend me, he gently shared that a friend of his had told him about a weight-loss program I might be interested in. It was fast pace and healthy but he didn't know much else about it. He got me a phone number and the next evening my daughter and I attended our first "support meeting", and were introduced to the Isagenix 9-Day Program. This was the week of Thanksgiving and since I have had the most exciting "weight-loss ride" I could have ever hoped for. The Fat Burning Drink and Shakes with all their vitamin and mineral supplements have energized me physically, spiritually and mentally. I've shed 123 lbs., and I have regained the "power and control" to be my "authentic self".

I have 30 lbs. yet to lose but I wanted to share "my story" now so any of you feeling the way I did could begin "writing" a happier life story. This will be "continued" and I would love to share it with those of you who want and need to hear it.

*Marilyn Arbogast
Enumclaw, Washington*

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program. **These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**