This Is My ISAGENIX Story



BEFORE ISAGENIX CLEANSE 160 Pounds



AFTER ISAGENIX CLEANSE 126 Pounds

I have had weight issues for most of my life. In 1995, after dieting for 30 years, I decided to stop. I also stopped smoking. Over the next 10 years, my weight went from 125 pounds to 175. Since I am only 5 feet tall - I felt and looked like a wine barrel. I had become a 'carb junky' with constant cravings. I was always tired, even after a full night's sleep and I was depressed most of the time and stressed out to the max.

To make matters worse, I was starting to go through menopause. I was a mess and I felt even worse than I looked. I did manage to drop 20 pounds over a one-year period by cutting down on carbs, but the pounds were creeping back and I was continuously feeling worse.

Then my friend, Bernard Whelan, introduced me to the Isagenix Cleansing and Fat-Burning System. I completed 9-Day cleanses plus I took one oz. of Ionix Supreme every night at bedtime. I lost a total of 34 pounds and 47"... and I shrunk from a size 16 to a size 8. I also dropped 6% body fat. I am now following an Isagenix Cleansing Maintenance Program which I have set up for myself.

I have more energy than I have had in years and am mentally more alert and happier. I am even sleeping better and no longer tired all the time. I will never stop using these fantastic Isagenix products! Thank you John Anderson for your genius in formulating such a miraculous product and thank you Bernard for introducing me to the Isagenix Products and Business. I now have a new life.

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