

This is My Isagenix Weight Loss Story ~ LOST TOTAL OF 206 POUNDS AT JULY 2008 !



BEFORE ISAGENIX CLEANSE



AFTER ISAGENIX CLEANSE

My life activities before Isagenix were very limited ~ I could barely participate due to my lack of energy & stamina. I laid on my couch thinking that one day they are going to have to get a crane to take me to the morgue because I was dying a slow death. People always stared at me and my life was going to end that same way. My weight was increasing and my depression consumed me ~ I felt so inadequate as a dad and husband.

I have a wife and 3 children. One of them has Cerebral Palsy and is confined to a wheel chair. I faced years of humiliation from my parents who went from once being very proud of me, to presently not speaking to me because of my lack of self respect. To be honest with you, I was not a nice person ~ not like the happy man from years past. I wanted to share some of my past with so that you could understand what Isagenix has done for me.

I have been married 1.5 years to a wonderful woman and yet I am not a happy camper. My friends, Joe and Connie, have watched me over the years as their concerns for my life became greater. They introduced me to Isagenix and at first, I refused to listen. These things don't work. I have tried them all. Well one day as I tried unsuccessfully to carry my disabled son to bed ~ it finally hit me. I had put him and myself in danger. I have a beautiful family and I needed to do something.

I met with Karrie Galerno in October 2007. She told me about Isagenix and answered all of my questions. I am a nurse and know about products and to be honest ~ I gave Karrie a very hard time. I apologized to her afterwards. She re-assured me that it was not necessary. It was then that I revealed a secret to Karrie. I told her that ever since I was young I have wanted to be a body-builder. I once told someone and they laughed at me, so I never told another soul except my wife. Karrie never laughed and told me never to give up my dreams. I really just want to step on stage once in my life.

Secretly I started on Isagenix. Immediately, I felt great, had lots of energy and lost 10 lbs. And I started to walk ! By January, I lost 51 lbs. and joined the IsaBody challenge. **As of July 25, 2008 ~ I lost a total of 206 pounds !** I laugh more now, play with my kids more ~ and now I have visions of competing as a senior body-builder someday.

I decided to enroll in the IsaBody Challenge as a motivator ~ and to try to win in order to raise funds for a wheelchair-accessible van for our son. I choose to live. Isagenix saved my life. THANK YOU to all who have helped me !

Matt Cassidy ~ Hamilton, ON

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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