

This is Our ISAGENIX Weight Loss Story



Hi! We are JoAnn and Mike Schell from Sumner, Washington. Let us tell you - timing is everything. Someone had e-mailed this picture of us taken in January 2004 at about the same time as a friend wanted to 'share their experience' with Isagenix. We obviously did not like what we saw when we received the e-mail, so said, "Let's do it."

JoAnn lost 78 pounds and 88 inches. Mike lost 70 pounds and 43 inches. And what a change in lifestyle.

JOANN - I have had a problem with weight my whole life. When I was very little, I had all kinds of food allergies, and at about age 6 they seemed to disappear. From then on, it was a battle, because I could eat everything - and I think I did. I even remember using Metrecal when I was a kid after I put on weight. And of course I have done a good share of the 'diet' plans, only to backslide.

A few years back I was diagnosed with Type 2 diabetes - brought on by weight. My doctor told me I really needed to lose weight and if I didn't, my life would be considerably shortened.

Four years ago, at a weight of 284, I joined TOPS (Take Off Pounds Sensibly) and immediately lost 10 pounds. Well, I yo-yo'd with that weight, did make some new friends, and enjoyed our Monday evening social time, but that was about it.

Then a friend introduced us to Isagenix. It is the most exciting weight loss plan I have every undertaken. Boy, I wish I had taken the bull by the horns before!!

I can once again get down on the ground - and get back up by myself. My aches and all discomfort have gone away, and I feel like a whole new person. I can assure you that I look like a new person and **it is great having people stop and ask "What are you doing? You look wonderful."** **And I have been told I look so much younger - what woman doesn't like to hear that?**

I have about 40 more pounds to lose - and I will get there. I have no doubt. My one and only nephew is getting married in a few months and I plan to be really close by then.

MIKE - I, too, have had a weight problem as long as I can remember. I got to the point where I had to give up activities that I really enjoyed because of my weight.

When our friend introduced Isagenix to us, he did so because of the relief he received for his stiffness, aches and discomfort. I was willing to try it. To my surprise, after a 9-day Isagenix Cleanse, I was waking up in the morning able to get out of bed without the stiffness and aches that I had assumed I would have the rest of my life.

After a 70 pound loss - I feel like a whole new person. I ENJOY exercising, working outside, running and playing with my dog and getting a restful night's sleep.

And what a surprise ~ as **this has taken off as a business opportunity because we wear our product.** Plus, it is so rewarding to help other people help themselves. WE LOVE ISAGENIX !

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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