

## This is Our Isagenix 'CLEANSING' Story – The Stromans



**It's all in the family !** As a Personal Fitness Trainer and former football player at the University of Connecticut, I always sought to be a role model for my clients and to stay committed to an all-natural health regime. After being introduced to Isagenix, I started my first 9-day cleanse and the results were incredible. I reduced my body fat from 11% to 4% ~ and I lost 12 lbs ! Now I cleanse every day now to maintain my superb fitness level. I must admit though that I was very skeptical about Isagenix and cleansing when I was approached about the concept. I had never been given advice on cleansing 'impurities' out of my body to achieve optimal performance.

Cleansing has now become my lifestyle and I thank the Lord for it ! My body has lost all its extra fat, my skin feels and looks 10 years younger, lean muscle has steadily increased and I feel constantly juiced up with vigor and energy to take on my life's challenges! I especially like the C-Lyte tablets, Ionix Supreme and Want More Energy. In fact, I was so fired up I called my Aunt Debby to tell her of the benefits. Don't sleep on this incredible creation by John Anderson. If you want to feel your best and compete at high levels . . . keep Isagenix in your system.

I was rather apprehensive when I enthusiastically heard from my nephew, Kamari. I responded rather coldly on the phone due to my background in athletics, but when I saw him in person and the mind-blowing results of HIS cleanse, I immediately signed up. Many of the ingredients in the Isagenix Shakes and Cleanse Drink mirrored the same items I had been purchasing individually at my local health food store! Now, my work was done as Isagenix made it easy with a simple, inexpensive system.

After my first cleanse ~ I lost 7 pounds, 9 total inches and 2% body fat in just nine days! I am now back to my high school weight and 18% body fat ~ with more energy and stamina than ever. I also cleanse regularly and drink Ionix Supreme every day. As a former basketball player at the University of Virginia, I strongly believe in the balance of mind, body and spirit. The Isagenix program enables me to start the day with a nutritious Isagenix Shake and then choose from a wide variety of natural Isagenix products to enhance my performance ~ on the court, golf course, weight room or board room! Thank you Isagenix International!



*Debby and Kamari Stroman*

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**