This is My ISAGENIX Weight Loss Story



I turned the big 40 in October of 2004 - exactly 10 days before I started the Isagenix 9-Day program. Most people told me that I looked pretty good for having 4 kids, but I knew what I looked like and I didn't like what I saw. I gained 50 lbs with my first three pregnancies, and forty pounds with my fourth pregnancy. I lost all of my weight after the first baby but after the second - I was never able to lose that last 10 pounds! No matter what I did, it wouldn't come off. I thought I was destined to carry that little inner tube around my waist for the rest of my life, but thank God, I was wrong!

Those pants I'm wearing (in pictures above) are pants that I bought when I was in my late 20's before I got married. They were my favorite! I have cleaned out my closets many times over the past 15 years but I just couldn't part with them. I kept dreaming I would get back into them one day. As you can see, the zipper wouldn't even come close to closing. Now, it zips up easily!

When I started the Isagenix program my waist was 29 ½ inches. I lost 2 ½ inches off my waist . . . and a total of 16 ¾ inches over all . . . and 10 pounds of pure fat and cellulite! I was truly amazed at how easy it was and how great I began to feel immediately! My cellulite was disappearing before my very eyes in a matter of days!

In my opinion, the weight loss is only the icing on the cake. My kids used to be my alarm clock and each morning I would have to drag my tired self out of bed. I'm sleeping so much better at night, and I'm waking up 2 hours before my kids wake up, feeling rested and full of energy. I used to feel like I needed a nap most afternoons, but now I don't think I could nap if I had the opportunity. I really believe that my body was malnourished and Isagenix has changed all that. I'm feeling and looking better now at 40, than I did all throughout my 30's.

My stress level is at an all time low from drinking the lonix Supreme. I love all the Isagenix products and I'm so grateful to God for putting Isagenix in my path, and to John Anderson for pouring his heart and soul into making these fantastic products.

My husband, Jack, lost a total of 17 lbs and 3 inches from his waist on the 9-Day program. He went on to lose an additional 7 lbs since then! Our entire lifestyle has changed for the better. Jack just ran nine-minute miles in a Marathon - he hasn't run a Marathon in almost 20 years! He felt excellent during the run and he attributes that - and his quick recovery - to lonix Supreme and Want More Energy. We are an Isagenix family for life!!! (Check out Jack here in the Hall of Fame. He is #75).

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