## This is MY ISAGENIX Weight Loss Story



After my hysterectomy in October 2004, I gained a lot of weight. I was living a very sedentary lifestyle and accepted that I was going to live the rest of my life this way. Then in December 2004, after seeing pictures and videos of myself on my daughter's wedding day - it "opened my eyes." I saw an overweight person who was aging dramatically.

In January 2005, a very dear friend introduced me to Isagenix and shared how this product had helped her tremendously. Being the caring person that she is, she immediately started me on the program. With support from my family and fellow employees, I lost 12 lbs. the first 30 days of the program. Within 60 days, I lost another 8 lbs – then 10 lbs. during the next 90 days . . . and then 5 lbs during the next two weeks.

I started the program weighing 178 lbs. and currently weigh 128 lbs . . . <u>a total weight loss of</u> <u>50 lbs. and 33 inches</u> overall. I went from a pant size 14 to a size 4.

My health is the best it has been in years. I have not lost any time from work due to illness and my energy level is unbelievable. I have received numerous compliments on how much younger and slimmer I look as well as the texture and appearance of my skin, hair, and nails. Exercise has also contributed to losing weight and muscle tone.

Without hesitation - I can honestly say that my outlook on life has changed - thanks to Isagenix.

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Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.