

This is My ISAGENIX Weight Loss Story



Here I am one year ago before starting the 9-Day program on Oct 11th 2003. I was on a birthday binge saying “more cake please” and ballooned up to over 200 pounds! Sixteen years ago, I gave up alcohol and replaced it with sugar in many forms - from candy to popcorn. I am a Holistic Health Counselor and knew that my sugar addiction was slowly leading me to possible disease of many kinds, so I 'made a decision' to cleanse, but didn't know how I was going to do it yet.

The next day, I heard about Isagenix for the second time while speaking to Kevin McDonald - who hosted a radio show that I was on talking about women's issues. I was ready, but still a bit resistant that something could work as quickly and easily as the website made it out to be. I wanted to believe so badly. Well, every word of it was the truth. I took to the program immediately with commitment, knowledge, and a willingness to keep an open mind.

Within the first two days, my sugar cravings disappeared completely and I lost several pounds – I went from a pant size of 18 to a size 16! I felt so good and continued my workouts while on the 9-Day Cleanse. By the end of the 9-Days, I had lost 7 lbs, so I did another 7-days and lost another 7 lbs. **Within two months - I went down from a size 18 to a 12 and lost 28 lbs !** That is the AFTER picture !

It was one year on Oct 11th since I joined Isagenix and my life has totally changed as a result. I feel more energy, confidence, and hope for other people to regain control over their health with Isagenix. The body is such an amazing healer when given good nutrition.

My husband is considered skinny by all of our friends and he actually lost his love handles - and about 20 plus pounds. He is 51 and my Isa-stud! We celebrated 25 years of marriage and the hope of being active, healthy and fit in the years to come. Thank you Isagenix!

Nancy Kerner