Bruce McDaniel's Story . . . Freeport, FL

. . . featured in "Chicken Soup for the Healthy Soul"

This is my Isagenix story. 30 pounds lighter and I am excited.

Let me start at the beginning. A year ago I decided to change my lifestyle with exercise and a new diet.

Well, after 6 months of the new diet and some exercise, I hadn't lost a pound. So, at that point, I had the total belief that I would be carrying this gut around for the rest of my life . . .

Well thanks to my good friends - Wayne and Julie (from St. Petersburg, FL) - who introduced me to the Isagenix system - I now have a new life with a whole new mind set !

Here is my story. I started using the Isagenix system at the end of June 2002. After 9 days - to my amazement - I lost 11 pounds without even breaking a sweat or suffering at all.

This was so exciting because now I saw it could happen. I am now 30 pounds lighter.

Thank you John Anderson and your whole team. Thank you Wayne and Julie for introducing this amazing system to me.

I now have my life back !

Bruce McDaniel Freeport, Florida

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.