

THIS IS MY ISAGENIX STORY ~ RELEASED 60 POUNDS !

Before I began using Isagenix products, I was overweight and had very little energy. I had discomfort and tenderness in my body and felt very melancholy. A neighbour had heard about Isagenix and had started on the 30 Day Program. He mentioned how incredible he felt and how he had started releasing weight and inches. After watching him for a couple of weeks and seeing such a wonderful change in him, I told him that both my husband and myself would like to try the products.

Since starting the program, I have released 60 pounds. I have maintained that weight for well over a year ~ something that was very foreign to me through "dieting". That's because Isagenix is not a "diet". It's a Nutritional Cleansing Program. **By releasing impurities from my body, I began to feel healthier and my body became the Miracle it is meant to be.**

More importantly than releasing my weight was the fact that my health reached a whole new level. No longer was I void of energy, no longer did my body have discomfort, and no longer did I feel melancholy. I feel **ALIVE!** Other people began to see the rapid change in me and wanted to know what I was doing, and so my Isagenix business began. Nothing brings me more joy than helping others discover how they, too, can turn their health around, and watch their lives transform.

In March 2010, I had my 66th Birthday, and people are shocked when I tell them my age. I have been told so many times in the past year that I look 45 . . . what woman doesn't like to hear that when they are in their 60's! To me, Isagenix is like the **"Fountain of Youth!"**

My husband released 37 pounds and feels the same way about these products as I do. We're **definitely** an Isagenix Family. We have made Isagenix our lifetime commitment. After all, why would we **not** want to feel this good forever ?

Emily Ryckman