

## This is My ISAGENIX Weight Loss Story

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I'm Susan Solomon of New Mexico. I had a personal goal to lose weight over the past year before I reached 50. Well I didn't lose much. Working in my yard, squatting and shoveling rock into a wheelbarrow for 4 hours, sent me to the doctor. I found out I have severe arthritis behind both kneecaps, spurs, and no cartilage. And then the adage . . . "I know you've heard this before, but you need to lose weight. This will take some pressure off your knees and help reduce the stress on them tremendously as you get older."

Well I had a new challenge. A friend of mine, Peggy Cooks, was losing weight and working out and asked me to join her. She told me about Isagenix, the Cleansing and Fat-Burning System - as a product and as a business opportunity. I need to try the product and see how it works for me before I could distribute a product.

I lost 13 3/4 inches and 6 pounds the first cycle ! I have lost 20 lbs. and 38.5 inches since the end of April - after only my second 9-Day Cycle. Working out 4 times a week, I've gained muscle mass and I'm toning this body. I've been on a maintenance plan the past few weeks due to family emergency with a change in schedule.

From a business standpoint - I enjoy having house parties. At first, it was a little awkward, inviting total strangers into my home. However, since I believe in the ability of the product and want to help others improve their health and way of life, why shouldn't I be willing to invite them into my home? A small group of 4-5 people or less, gives a more personal approach, like one-on-one. People aren't as embarrassed to discuss their lifestyle, health and weight loss issues, and they are more comfortable to really open up than they would in a larger hotel setting.

In fact, one of my clients has tried all the weight loss programs out there. "OK. I'll give this a month." Well guess what? In the first two cycles she's lost 58 inches and 13 lbs. What testimony to how Isagenix can help improve how we feel as we cleanse our bodies.

My goal is to lose 70 pounds by the end of the year and improve my health - as well as help others.

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**

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