

## This is My Isagenix Weight Loss Story



**I believe in miracles ~ because I am one.** In October of 2007 I weighed 270 pounds and felt terrible. I tried numerous weight loss programs and lost some weight but never stuck with those programs. I always gained back all that I had lost, plus a little bit extra. When Isagenix was first introduced to me, I was skeptical because nothing had ever worked for me.

I was unable to get up from a sitting position or get down from a standing position without struggle. I was also unable to stand or walk for any length of time without experiencing excruciating pain and swelling in my feet. I was dealing with out of control blood sugar levels that had my doctor concerned ~ and I was on high doses of medication for that. I was told by my doctor that I would probably end up in a wheelchair in the future. I was just plain miserable most of the time and had lost hope of ever feeling good again.

My sister, Barbara Hinkel, introduced Isagenix to me in April of 2008 but I did not start taking the product right away. Barbara shared her weight loss progress with me every week for three weeks. I finally decided to try Isagenix for myself. I was on a diet plan at that time and was losing weight ~ but felt myself slipping once again.

I decided to start off with the 9-day Cleanse program. At the end of those nine days, I felt so good that I immediately signed up for the 30-day program and haven't looked back since. That was in May 2008. My doctor is totally thrilled and amazed with my progress. As a result of my weight loss ~ **my blood sugar levels have stabilized and my doctor has happily reduced the high doses of medications.** All of my blood lab results are now in the normal range for the first time in a very long time ~ and I am able to get up and down and walk around with very little discomfort ~ if any at all. So many people have commented that I look great and a lot younger. The best and most important part is ~ **I FEEL FANTASTIC** for the first time in many years and now I feel like the Energizer Bunny. Nothing can stop me now !

Since starting Isagenix ~ **I released 71 pounds and 87 inches** and I feel wonderful. I am healthy and full of energy. At the age of 55 ~ I am finally **free** of feeling miserable. I am enjoying life and looking forward to my retirement years with hope in my heart. God has blessed me with a sister who cares ~ and an amazing product. I feel blessed in more ways than one and will be forever grateful for this terrific product and the improvements it has brought into my life. And now, I want to help as many people as I can to feel as good as I feel. **THANK YOU BARBARA and THANK YOU ISAGENIX !**

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