## This is My ISAGENIX Weight Loss Story





**BEFORE ISAGENIX CLEANSE** 

**AFTER ISAGENIX CLEANSE** 

My story is like so many others. I was a chubby child. I guess that term was meant to be a kind way of saying fat - however, other children were not so kind. Growing up like this really affected my self esteem and self-confidence. I continued this pattern throughout my teen and adult life.

I had tried many diets which never seemed to work. I started to feel the effects of my weight and unhealthy lifestyle more and more as I aged. My health was going downhill fast. I was plagued with headaches that controlled my life, bad feet, knees and back. I always seemed to be hurting. I did not have the energy or drive to get up and move my body into action.

I didn't have much of a social life. I believe my appearance had a lot to do with that. I felt like I was years beyond my age and I felt isolated with no connection. It was the fear of what I was becoming and the way I was going to have to live in my later years that scared me so much that I started to change my life. I think as we get older we start to realize how valuable life is and how quickly the years go past.

Using the Isagenix Cleanse . . . I have lost 108 pounds . . . going from a size 26 to an 8-10. I started down the path alone and with a dream and vision of what I wanted my life to be. I now have a whole team of supporters traveling with me. I love going shopping now! I feel proud, confident and beautiful for the first time in my life. I now have a future I look forward to, knowing that I will be living a healthy lifestyle, full of energy and vitality. I now have the ability to do whatever I dream to do. My entire outlook on life has changed - for when my physical body changed - so did my mental attitude. I am no longer just existing, I am living!!

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