

This is My Isagenix Weight Loss Story



Hi ! My name is Cortney Winters. Yes, I am the queen of dieting. You name the diet and I can tell you when I started it. Yes ~ I can get the weight off, but I could NEVER keep it off. You see, I eat because I am hungry.

Well, I was sick and tired of being over-weight, no energy and having trouble sleeping at night. Being 62 ~ this weight just HAD to come off so it was back to counting calories. I was faithful for three weeks ~ BUT the scale never moved. Talk about feeling depressed ~ I felt hopeless. That's when my husband suggested I go to see Dr. Kavulich ~ a Health and Wellness doctor. She suggested I try a program called Isagenix. It sounded good but wasn't quite sure about it. When I came home and told my husband about it ~ his reply was "Not another diet program" ~ so I put it on hold.

Both my husband and I work at a fitness club. It was just days later, when my friend, the Nutritionist at the club, came running up to me and said. Cortney, I have this incredible product that I want you to try. I have thoroughly researched this company and their product is amazing. She went on to say, the club was having a "Lose It" contest for 12 weeks. That's when I really met Isagenix. It was during that time that **I lost 37 pounds, 36 inches and 13% body fat ~ but the very best part is that I am not hungry any more.** I have more energy than my husband can handle and I am now sleeping right through the night. And I won the contest ~ beating a 30 year old man, I might add !

Since the contest, I have been on the Isagenix Total Health and Wellness Program and I have lost an additional 8 pounds, 18" and my body fat is now 21.9%.

I am having so much fun at the club talking with my friends about this new treasure in my life and many of them are now using it too. So, with the great results of using the product, I have now have an Isagenix home-based business. **In fact, after 4 months as an Isagenix Consultant, I am not only making enough money to get my product free for my husband and me ~ we are even able to put money in the bank.** Thank you Isagenix !

Cortney Winters ~ Poughkeepsie, New York

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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